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EXECUTIVE SUMMARY

Urban sprawl. This concept has become so ubiquitous in the lexicon of professional planning that it has created entire volumes of research dedicated to its discussion. Beginning with the post-war construction boom in North America, there is little doubt that urban sprawl has changed the face of cities and how we live. While this mass-produced version of modern life has helped facilitate years of economic growth in the construction and automotive industries, it has created a whole host of new problems affecting the natural environment and human health.

A significant challenge faced by the professional planning community is how to