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The Pulse

We're here to help! [Explore summer student services and resources](#)

Dates & Deadlines

May 1 | Summer term classes begin

May 5 | [Summer Work Study](#) program application deadline

May 12 | Winter term grades [appear on official transcripts](#)

May 17 | Last day for spring term course changes without SGSPA approval

May 19 | Last day for summer term course changes without SGSPA approval

May 22 | Victoria Day (university closed)

May 31 | [Summer General Bursary](#) application deadline

- x [Check if you qualify for summer term OSAP](#) funding.
- x [Learn about financial aid options](#) for the summer and next year.
- x [Book a financial advising](#) appointment in person or online.
- x The [2023–24 OSAP application](#) will be available in early May.
 - o You may need to report Queen’s or external agency scholarships, bursaries, or awards you are receiving on your OSAP application. Please consult the [Registrar & Financial Aid Services](#) site for the reporting requirements specific to your program.

~~Learn how to report government student loans~~

Summer Resources

On Campus

- x New student? Get your [student ID card and/or validation sticker](#) .
- x Take a moment to ensure your [mailing address in SOLUS](#) is up to date.
- x Find [where to eat on campus](#) this summer and [when locations are open](#) .
- x Paid your 2022–23 Student Activity Fees? You can keep [riding Kingston Transit for free](#) all summer with your student card and [validation sticker](#) .

Academic Support

Connect with fellow graduate students and gain access to valuable academic resources this summer with the [Grad Writing Lab](#) from [Student Academic Services \(SASS\)](#)

Build Work Experience this Summer

- x Looking for summer work opportunities? [Log into MyCareer](#) for resume and cover letter advice, workshops, employer/recruiter sessions, and the job board!
- x Use the [Alumni Roadmaps](#) to learn about how successful Queen's alumni reached their career goals.
- x [Follow](#) Career Services and [subscribe](#) to their newsletter for job updates.
- x

Health and Wellness

- x Student Wellness Services (SWS) is open through the summer, Mon. to Fri., 9 am –4:30 pm
- x Stay active with summer programs at [the ARC!](#)
- x Find [spaces for prayer, meditation, and reflection](#) open all summer.
- x Eat, sleep, and move better with a [Wellness Coaching Appointment](#) .
- x HIV self-test kits are now available at SWS. Ask for an "I'm ready" kit.
- x Access [mental health](#) and [24/7 crisis resources](#) , including [Empower Me](#) .
- x Queen's [Sexual Violence Prevention and Response Services \(SVPRS\)](#) is your point of contact for resources, options, referrals, and reporting.

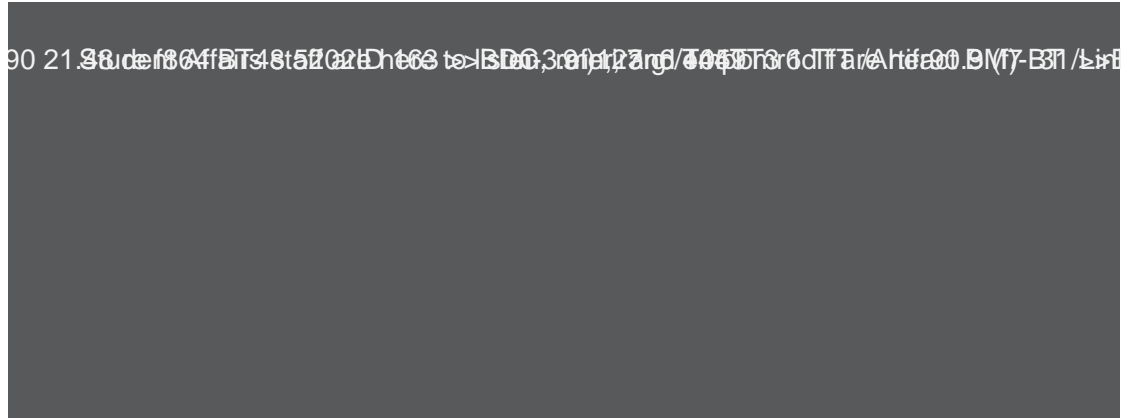
Community Support

- x Student Affairs offices, advisors, centres, study spaces, and staff are here all summer long, ready to listen, refer, and help you find what you need.
 - o Follow [@queensustudentaffairs](#) for updates.
 - o If you need help navigating university services this summer, contact supportservices@queensu.ca .
 - o For more information on our units, please [visit their websites](#) .

[Worried about food? Click here for resources](#) .

Contribute to a Culture of Wellbeing

[Stories of Hope](#) is a student-led initiative to reduce mental health stigma and promote community on campus. [Submit your story](#) of hope, resilience, and strength in the face of adversity.



[Queen's University International Centre \(QUIC\)](#)

[Residence Life and Services](#)

[Student Academic Success Services \(SASS\)](#)

[Student Community Relations](#)

[Student Conduct Office](#)

[Student Experience Office](#)

[Student Wellness Services \(SWS\)](#)

[Yellow House Student Centre for Equity and Inclusion](#)

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